

# INNOVATION SOLUTIONS FOR MENTAL HEALTH

MHSA Planning Committee to prioritize INN Submissions

# INTRODUCTION







#### Agenda

- 1. Regulation requirements training
- 2. Overview of materials
- 3. Group discussion
- 4. Surveys
- 5. Wrap Up

# WHAT ARE INNOVATION PROJECTS?







### Why?

# INNOVATION Projects help find new & better ways to:

- Increase access to mental health services to underserved groups, including permanent supportive housing.
- Increase the quality of mental health services, including measurable outcomes.
- Promote interagency and community collaboration related to mental health services or supports or outcomes.
- Increase access to mental health services, including permanent supportive housing.



#### How?

# Can affect almost any aspect of mental health care:

- Organizational
- Advocacy
- Education & training
- Outreach & community development
- Research
- Services & interventions



#### **But Not This**

# It's NOT a good fit for an MHSA Innovation Project if...

- ...it's practice/ approach that has already been successful in a mental health setting
- ...merely addressing an unmet need
- X ... a sure thing it's ok to fail!
- ...wouldn't contribute to improving mental health care



#### **Priorities**

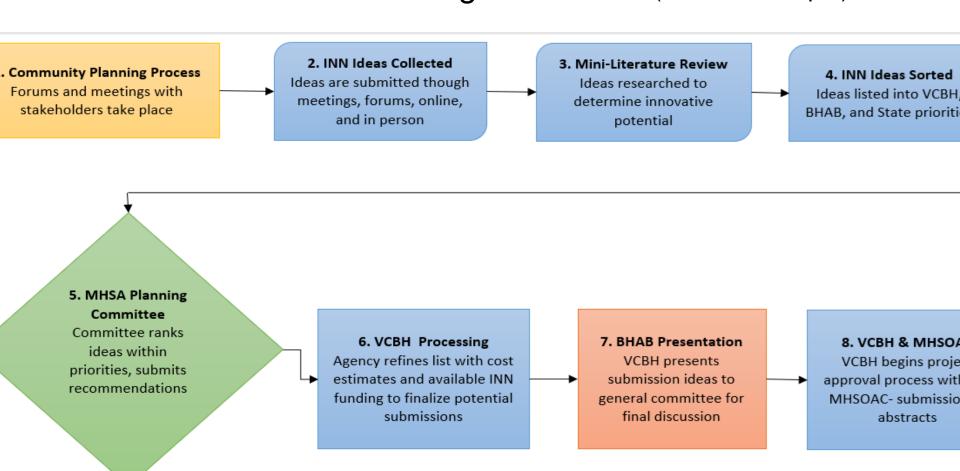
Current state & local priorities are our unserved and underserved populations in Ventura County examples:

- Latinx
- Black and African American
- LGBTQIA
- Homeless
- People with dual diagnosis (mental health and substance use disorders)
- People at risk of suicide

#### Decision Making Flow Chart: What is innovative? How does it get defined? Can Yes modifications But current be tried to strategy too amend the Yes expensive current Literature Review: Are there existing Does the But current Yes No alternative County strategy not strategies to solve currently have effective the issue? a strategy for Can a new identified and unique No Yes But current issue? approach be strategy tried to ineffective amend the with some current issue? No No Current strategy is sufficient

#### Ventura's Innovation Planning Process

(We are at Step 2)



#### **Process**

VCBH gathers innovative ideas (ongoing)

Review with
Planning
Committee based
on current
priorities
& available
funding

VCBH writes abstract & submits to MHSOAC for preliminary review Public comment on full proposal & Board of Supervisors approval VCBH Submits to MHSOAC for review Presentation to MHSOAC by VCBH

Approval

RFP or contract

Project Starts

3 WEEKS

IDEA SELECTED

2 MONTHS

2 MONTHS

2 MONTHS

2 MONTHS



#### Feedback and How to Submit an Idea

Please fill out feedback survey on this experience:

English Survey:

https://www.surveymonkey.com/r/23-24INNPartEng



Spanish Survey:
 https://www.surveymonkey.com/r/23-24INNPartSpan

 Submit ideas via the Wellness Everyday Website (WellnessEveryday.org):

Innovation Projects - Wellness Every Day

Email us: MHSA@ventura.org

# **THANK YOU**



